



14 Days of Gratitude Journal Prompts

1. A person you're grateful for
2. Something I can see
3. Something I only do during the holidays
4. A gift I've been given
5. Something about my health or body
6. Something I've done to help others
7. A possession
8. A happy memory
9. Something that keeps me safe
10. A talent
11. A hobby
12. A favorite food
13. Something in nature
14. Something that makes my life easier