Continuity of Care Document (C-CDA R2.1) (Encounter date: 03/17/2026 10:48 AM) (April 16, 2026, 10:48:04AM -0500)

Patient	Legal: SCANLON Graham **Patient-ID:** 24185509 (1.0.00001), 497151546 (SSN) **Birthdate/Deceased:** May 22, 1999 - † date unknown **Gender:** Male
Documentation Of	Care provision, **Date/Time:** from July 12, 2023, 11:20AM to March 17, 2026, 10:48AM, **Performer:** FNP Stephanie BINGHAM
Author	Rosetta v8.3.1.569.713903, **Organization:** Esse Health, **Authored On:** April 16, 2026, 10:48:04AM -0500
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Allergies, Adverse Reactions, Alerts

Substance	Reaction	Status	Criticality
No Known Allergies		Active	No Information

Medications

Medication	Instructions	Dosage	Dose Quantity	Effective Dates (start - stop)	Status	Indication	Fill Status	Comments
Naltrex 1.5 mg capsule	Take 2 capsules daily	25 MG	1 capsule	Mar-10-2025 -	Active			
omega-3 fatty acids 1,000 mg capsule	take 1 capsule by oral route every day		1 capsule	Dec-06-2023 -	Active			
Vitamin D3 50 mcg (2,000 unit) tablet	take 1 tablet by oral route every day		1 tablet	Jul-12-2023 -	Active			
atomoxetine 25 mg capsule	take 1 capsule by oral route every day in the morning	25 MG	1 capsule	-	Active			

Problems

Condition	Type	Effective Dates (start - stop)	Diagnosed Date	Clinical Status	Comments
Allergic dermatitis of right upper eyelid	Diagnosis interpretation (observable entity)				
Allergic dermatitis of right lower eyelid	Diagnosis interpretation (observable entity)				
Allergic dermatitis of left upper eyelid	Diagnosis interpretation (observable entity)				
Allergic dermatitis of left lower eyelid	Diagnosis interpretation (observable entity)				
Scrotal pain	Diagnosis interpretation (observable entity)				
Infected cyst of skin	Diagnosis interpretation (observable entity)				

Condition	Type	Effective Dates (start - stop)	Diagnosed Date	Clinical Status	Comments
Local infection of the skin and subcutaneous tissue, unspecified	Diagnosis interpretation (observable entity)				
Abnormal thyroid blood test	Diagnosis interpretation (observable entity)				
Chronic autoimmune thyroiditis	Diagnosis interpretation (observable entity)				
Injury of left knee, initial encounter	Diagnosis interpretation (observable entity)				
Nocturnal hypoxia	Diagnosis interpretation (observable entity)				
Loud snoring	Diagnosis interpretation (observable entity)				
Nasal congestion	Diagnosis interpretation (observable entity)				
Abnormal blood chemistry	Diagnosis interpretation (observable entity)				
Seborrheic dermatitis	Diagnosis interpretation (observable entity)				
Generalized anxiety disorder	Diagnosis interpretation (observable entity)				
Acute bacterial conjunctivitis of both eyes	Diagnosis interpretation (observable entity)				
Other fatigue	Diagnosis interpretation (observable entity)				
Acute nonintractable headache, unspecified headache type	Diagnosis interpretation (observable entity)				
Acute pain of left knee	Diagnosis interpretation				

Condition	Type	Effective Dates (start - stop)	Diagnosed Date	Clinical Status	Comments
	(observable entity)				
Encounter for general adult medical examination without abnormal findings	Diagnosis interpretation (observable entity)			Stable	
Generalized anxiety disorder	Diagnosis interpretation (observable entity)			Stable	
Generalized anxiety disorder	Diagnosis interpretation (observable entity)			Stable	
Hypoxemia	Diagnosis interpretation (observable entity)			Stable	
Encounter for general adult medical examination without abnormal findings	Diagnosis interpretation (observable entity)			Stable	
Generalized anxiety disorder	Diagnosis interpretation (observable entity)			Stable	
Encounter for general adult medical examination without abnormal findings	Diagnosis interpretation (observable entity)			Stable	
Encounter for general adult medical examination without abnormal findings	~			Stable	
Generalized anxiety disorder	~			Stable	
Anxiety	Problem (finding)			Active (qualifier value)	7/23 GAD7 - 9 (mild) and PHQ9 5 (mild) From St Louis-Parkway South. Dropped out after a suicide attempt and started programming. Did not go to college
Patient encounter status	Problem (finding)			Active (qualifier value)	Occupation: Software development Motivational Technologies Family: Single. Orientation unknown FHX: Father and brother with depression Tobacco: never Alcohol/Drug use: 2 drinks twice a month Surgery: 2022 inf turbinate reduction PHMx: Anxiety and depression. Suicide attempt at age 16. Tdap: done 2019 COVID vaccine: Done x 5 done fall 2024 Flu vaccine: Done fall 2024 HCV screening: Donated blood at age 17 so has had HCV screening. Plays pickleball Had elevated Bilirubin with eye doctor. Has dry eyes and sees Dr Bourn. 1/24 CMP with BG 100, GFR 124, Bili 0.9, CBC nl, DHEA-s, Test, SHBG nl. Cu, ZN, Vit A nl. Omega 3 index low risk. Recommend checking on HPV vaccination. Records show one dose See Immunization record 7/25: saw ophtho for dry eyes. In light of dry eyes, low vitamin A, and GI complaints, they recommended testing for celiac, SIBO, or calprotectin testing. 8/25: Saw GI. already on GF diet. Celiac test neg. Plan EGD. 9/25 seen for scrotal pain.
Generalized anxiety disorder	Problem (finding)			Active (qualifier value)	7/23 GAD7 - 9 (mild) and PHQ9 5 (mild) 3/24 PHQ9-9, GAD7-6 From St Louis-Parkway South. Dropped out after a suicide attempt at age 16 and started programming. Did not go to college. Brother committed suicide when patient was 14. Seeing Psychiatry now.

Condition	Type	Effective Dates (start - stop)	Diagnosed Date	Clinical Status	Comments
Hypoxia	Problem (finding)			Active (qualifier value)	3/24: sleep study with no sleep apnea but nocturnal hypoxemia O2 below 88 % for 10 minutes of recorded time 6/24 sleep study with no sleep disordered breathing and normal sats.

Procedures

Procedure	Date
MED LIST DOCD IN RCRD	Mar-17-2026
OFFICE VISIT-EST-EXPANDED	Mar-17-2026

Results

Test Name	Date and Time	Measure	Units	Reference Range	Abnormal Flag	Status	Comments
No Information							

Advance Directives

Directive	Yes / No	Effective Date	File Name
No Information			

Encounters

Encounter Description	Practice	Location	Reason(s) For Visit	Diagnoses	Date	Provider	Providers Copied on Encounter	Encounter Disposition
OFFICE VISIT-EST-EXPANDED	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• acute problem (chief complaint)	• Allergic dermatitis of right upper eyelid • Allergic dermatitis of right lower eyelid • Allergic dermatitis of left upper eyelid • Allergic dermatitis of left lower eyelid	Mar-17-2026	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• General (chief complaint)	• Scrotal pain	Sep-16-2025	Fogarty Mark. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• acute problem (chief complaint)	• Infected cyst of skin • Local infection of the skin and subcutaneous tissue, unspecified	Aug-27-2025	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care		No Information	Mar-10-2025	Fogarty Mark. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	

Encounter Description	Practice	Location	Reason(s) For Visit	Diagnoses	Date	Provider	Providers Copied on Encounter	Encounter Disposition
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• General (chief complaint)	• Encounter for general adult medical examination without abnormal findings • Generalized anxiety disorder • Abnormal thyroid blood test	Mar-10-2025	Fogarty Mark. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care		No Information	Mar-07-2025	Fogarty Mark. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360		
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• acute problem (chief complaint) • Chronic Conditions (chief complaint) • chronic conditions (chief complaint)	• Generalized anxiety disorder • Hypoxemia • Encounter for general adult medical examination without abnormal findings • Chronic autoimmune thyroiditis	Dec-20-2024	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Excel Imaging		No Information	Oct-15-2024	Dusek David. 9930 Watson Rd, Saint Louis, MO, 631261827, US. tel:+1-3149848827	• Referring Provider: Stephanie Bingham, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• acute problem (chief complaint)	• Injury of left knee, initial encounter	Oct-15-2024	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Stephanie Bingham, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care		• Nocturnal hypoxia	Apr-03-2024	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360		
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• chronic conditions (chief complaint)	• Generalized anxiety disorder • Loud snoring • Nasal congestion • Abnormal blood chemistry • Encounter for general adult medical examination without abnormal findings	Mar-05-2024	Fogarty Mark. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	

Encounter Description	Practice	Location	Reason(s) For Visit	Diagnoses	Date	Provider	Providers Copied on Encounter	Encounter Disposition
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• acute problem (chief complaint)	• Seborrheic dermatitis	Dec-06-2023	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Care Management		• Generalized anxiety disorder	Nov-28-2023	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360		
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• acute problem (chief complaint)	• Acute bacterial conjunctivitis of both eyes	Nov-22-2023	Bingham Stephanie. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	
	Esse Health, PO Box 419052, Saint Louis, MO, 631419052, US tel:+1-3148511087	Esse Health Watson Primary Care	• chronic conditions (chief complaint) • Chronic Conditions (chief complaint)	• Encounter for general adult medical examination without abnormal findings • Generalized anxiety disorder • Other fatigue • Acute nonintractable headache, unspecified headache type • Acute pain of left knee	Jul-12-2023	Fogarty Mark. 7419 Watson Road, Saint Louis, MO, 631194415, US. tel:+1-3144003360	• Referring Provider: Mark Fogarty, 7419 Watson Road, Saint Louis, MO, 63119-4415. tel:+1-3144003360	

Family History

Family Member	Type	Diagnosis	Age At Onset
No Information			

Immunizations

Vaccine	Date	Status	Comments
Fluzone Trivalent, split virus, 0.25mL dosage	Sep-28-2024	administered	Source: Other Registry
Moderna (Bivalent Booster) COVID Vac, 50mgc/0.5 mL, 18+ years	Nov-12-2023	administered	Note: CVS ; Source: Other Registry
Fluzone Quad, preservative free, split virus, 0.5mL dosage	Sep-06-2023	administered	Note: CVS ; Source: Other Registry
Moderna (Bivalent Booster) COVID Vac, 50mgc/0.5 mL, 18+ years	Oct-10-2022	administered	Note: CVS ; Source: Other Registry
Moderna (Bivalent Booster) COVID Vac, 50mgc/0.5 mL, 18+ years	Nov-19-2021	administered	Note: CVS ; Source: Other Registry
Moderna (Bivalent Booster) COVID Vac, 50mgc/0.5 mL, 18+ years	Apr-25-2021	administered	Note: Walmart ; Source: Other Registry
Moderna (Bivalent Booster) COVID Vac, 50mgc/0.5 mL, 18+ years	Mar-25-2021	administered	Note: Walmart ; Source: Other Registry
Tdap	May-25-2019	administered	Note: SSM St. Mary's ; Source: Other Registry
meningococcal B, recombinant, 2 or 3 dose schedule	Jul-12-2016	administered	Source: Source Unspecified
meningococcal B, recombinant, 2 or 3 dose schedule	Jun-10-2016	administered	Source: Source Unspecified
meningococcal MCV4P	Jun-08-2015	administered	Note: Mercy ; Source: Other Registry

Payers

Payer name	Insurance type	Identifiers	Authorization(s)	Comments
No Information				

Social History

Type	Description	Quantity	Date Captured	Comments
Alcohol Use Details	beer & wine		Mar-17-2026	
Caffeine Use Details	No		Mar-17-2026	
Tobacco Use Status	Current non-smoker		Mar-17-2026	
Smoking Status	Never smoker		Mar-17-2026	
Non-Smoking Tobacco Use Details	: No Details Available	: No Details Available	Mar-17-2026	
Birth Sex	Male			
Sexual Orientation	Don't Know			
Gender Identity	Male		Jul-12-2023	
Current Gender	Male (finding)		Sep-29-2025	

Vital Signs

Date / Time:	Height	Weight	BMI	Pulse Rate	Blood Pressure	Temperature	Respiratory Rate	Body Surface Area	Head Circumference	Head Circ. Percentile	Wt./Len. Percentile	BMI percentile	Pulse Ox	Inhaled Ox
Mar-17-2026 11:56 AM	73.00 in	63.049 kg (139.00 lbs)	18.34 kg/meter(2)	67 /min	128/74 mm[Hg]	97.30 F		1.80 meter(2)					98 %	

Chief Complaint And Reason For Visit

*** From encounter dated '03/17/2026 10:48'. ***

acute problem (chief complaint). Description: Chief complaint: bilateral eye swelling. Here today with complaints of bilateral eye swelling. Symptoms started 2 weeks ago. Seems to be worsening. Started on left then spread to right eye. no itching. no drainage or discharge. not crusted shut. Doing anti inflammatory eye drops. no vision changes. Denies any fever or chills. no headache or dizziness. Denies any runny nose, sore throat, or cough. Denies any chest pain, SOB. no nausea, vomiting, or diarrhea. no change in products. no contacts.

Reason For Referral

Reason For Referral	Referral Type	Indication
No Information		

Plan Of Treatment

Date	Type	Action	Status
Sep-16-2025	Referral	Referred To: 9930 Watson Road Saint Louis, MO, 631261827 3149848827 Ordered: Ultrasound of scrotum and both testicles	ordered
Oct-15-2024	Referral	Referred To: 9930 Watson Road Saint Louis, MO, 631261827 3149848827	ordered

Date	Type	Action	Status
		Ordered: XR knee left, 3 views including standing and Merchant views	
Apr-03-2024	Referral	Ordered: Attended sleep study	ordered
Mar-05-2024	Referral	Referred To: 10820 Sunset Office Dr Ste 130 Saint Louis, MO, 63127 8779339470 Ordered: Unattended home sleep test with type 3 monitor	ordered
Nov-28-2023	Referral	Ordered: Community and Long-Term Care Psychiatry (related to Generalized anxiety disorder)	ordered
Nov-28-2023	Referral	Referred To: 3145255050 Ordered: Referrals: Counseling/mental health services. Location: Community and Long-Term Care Psychiatry. Evaluate and treat - Level 2	ordered

History Of Present Illness

Encounter Date	Complaint	History Of Present Illness
Mar-17-2026	acute problem	Chief complaint: bilateral eye swelling. Here today with complaints of bilateral eye swelling. Symptoms started 2 weeks ago. Seems to be worsening. Started on left then spread to right eye. no itching. no drainage or discharge. not crusted shut. Doing anti inflammatory eye drops. no vision changes. Denies any fever or chills. no headache or dizziness. Denies any runny nose, sore throat, or cough. Denies any chest pain, SOB. no nausea, vomiting, or diarrhea. no change in products. no contacts.
Sep-16-2025	General	Spot on chest got better on chest and did not need mupirocin. Noticed a lump on L testicle 5 days ago posteriorly. Swelling comes and goes and gets pain when swollen and has a tenderness as well. No blood in urine/dysuria. No sexual activity now or in past. No bowel issues. No abd pain.
Aug-27-2025	acute problem	Chief complaint: abscess on chest. Here today with complaints of abscess on chest. Symptoms started 3 days ago. noticed a lump on skin. Slight enlargement. Redness. no pain. Denies any numbness/tingling. no itching. no drainage. Denies any fever or chills. no headache or dizziness. Denies any chest pain, SOb. no nausea, vomiting, or diarrhea. no change in products. no recent bug or tick bites. Tried antibiotic cream for symptoms.
Mar-10-2025	General	Mole on head that he wants checked Not sure how long he's had it. Cut hair off and now visible. Waiting for Endocrine appt. Taking Naltrexone low dose for eye related nerve pain from Ophtho. Has a right sided headache.
Dec-20-2024	Chronic Conditions	*See Chronic Conditions HPI
Dec-20-2024	chronic conditions	*See Chronic Conditions HPI
Dec-20-2024	acute problem	Chief complaint: discuss labs. Here today to discuss labs. Had labs done with function health. Had thyroglobulin antibody of 174. TPO 7. TSH 2.17, T3 3.4, T4 1.2. Has some cold intolerance. Feels like hands feel like ice. Has noticed shivering when hot. no heat intolerance. no fatigue. no constipation. no hair loss. no unexplained weight gain or loss. Dry skin at times. no joint pain or muscle aches. no rashes. no family history of thyroid issues. Denies any fever or chills. no dizziness. Headache but has not changed or worsened. Denies any chest pain, SOB. n o nausea, vomiting, or diarrhea. normal bowel movements or urination. no blood in urine. no blood in stool or black stools.
Oct-15-2024	acute problem	Chief complaint: left knee pain. Here today with complaints of left knee pain. Was doing lateral step ups yesterday and started with pain. Did not hear or feel any popping. Aching pain. Throbbing pain. Hard to bear weight. no swelling, redness, or bruising. Numbness and tinging. RAdiates down shin. Denies any fever or chills. no headache or dizziness. no nausea, vomiting, or diarrhea. no chest pain ,SOB. Worsens with walking. Tried ice and compression for symptoms.
Mar-05-2024	chronic conditions	*See Chronic Conditions HPI
Dec-06-2023	acute problem	Chief complaint: eye lid redness, flaking, and dry skin. Here today for redness and flaking to both eyes. Previously treated for conjunctivitis 2 weeks ago. Drainage from eyes improved. Flaking, redness around eye lids. no itching. no further drainage. Denies any fever or chills. no vision changes. no headache or dizziness. Denies any runny nose, sore throat, or cough. Denies any chest pain, SOB. no nausea, vomiting, or diarrhea. no change in products. Tried eye drops and lotion for symptoms.

Encounter Date	Complaint	History Of Present Illness
Nov-22-2023	acute problem	Chief complaint: possible pink eye. Here today with possible pink eye. Started 2 weeks ago. In both eyes. no vision changes. Redness. Crusting in morning. Drainage and discharge. no itching. no gritty feeling. Denies any fever or chills. no injury or trauma. no contact use. Denies any headache or dizziness. Denies any runny nose, sore throat, or cough. Denies any chest pain, SOB. no nausea, vomiting, or diarrhea. no contacts with similar symptoms.
Jul-12-2023	chronic conditions	*See Chronic Conditions HPI
Jul-12-2023	Chronic Conditions	*See Chronic Conditions HPI

Functional Status

Date	Description	Comments
No Information		

Medications Administered

Medication	Instructions	Dosage	Dose Quantity	Effective Dates (start - stop)	Status	Indication	Fill Status	Comments
No Information								

Instructions

Date	Instruction	Additional Information
Mar-17-2026	Keep clean and dry Wash area with baby shampoo Cool compresses Aquaphor twice a day Daily Allegra or Zyrtec	Related to Allergic dermatitis of left lower eyelid
Mar-17-2026	Keep clean and dry Wash area with baby shampoo Cool compresses Aquaphor twice a day Daily Allegra or Zyrtec	Related to Allergic dermatitis of right lower eyelid
Mar-17-2026	Keep clean and dry Wash area with baby shampoo Cool compresses Aquaphor twice a day Daily Allegra or Zyrtec	Related to Allergic dermatitis of right upper eyelid
Mar-17-2026	Keep clean and dry Wash area with baby shampoo Cool compresses Aquaphor twice a day Daily Allegra or Zyrtec	Related to Allergic dermatitis of left upper eyelid
Sep-16-2025	Apply cool packs Elevate scrotum with underwear. Is symptoms aren't better in 5 days, get an ultrasound at Excel Imaging. Call if symptoms worsen or persist or with fever/chills	Related to Scrotal pain
Aug-27-2025	Start Mupirocin apply three times a day x 2 weeks Keep area clean and dry Clean with warm soap and water Warm compresses for 10-15 minutes every 2 hours while awake Keep covered if draining, otherwise can leave open to air Call office for any fever, chills, increase in redness, swelling, drainage, or pain	Related to Local infection of the skin and subcutaneous tissue, unspecified
Aug-27-2025	Start Mupirocin apply three times a day x 2 weeks Keep area clean and dry Clean with warm soap and water Warm compresses for 10-15 minutes every 2 hours while awake Keep covered if draining, otherwise can leave open to air Call office for any fever, chills, increase in redness, swelling, drainage, or pain	Related to Infected cyst of skin
Mar-10-2025	See Endocrinology about lab tests.	Related to Abnormal thyroid blood test
Mar-10-2025	If you are doing poorly, CALL US FIRST before you go to ER or Urgent Care unless your condition is life threatening. We can usually get you in the same day or the next day. You can reach us 24/7 by calling the office number. Check on HPV/Gardisil vaccine If you have not had 3 shots, call here to get this arranged You would get shot number 2 and then 4 months later get shot #3. Spots on scalp look OK Call if anything new arise or they get larger.	Related to Encounter for general adult medical examination without abnormal findings
Dec-20-2024	See endocrinology BHARATHI RAJU MD 12900 TESSON FERRY RD STE 101 ST LOUIS 63128 P: (314) 843-4848 LAMICE EL-KHOLY MD 1035 BELLEVUE AVE STE 206 ST LOUIS MO 63117 P: (314) 875-0380 K. GEORGE THAMPY MD 10004 KENNERLY RD STE 160B ST LOUIS 63128 P: (314) 842-1588	Related to Chronic autoimmune thyroiditis
Dec-20-	Continue healthy lifestyle choices including daily exercise and diet low in saturated fats, refined carbohydrates If you are feeling ill or sick and it is not a medical emergency, please call our office first prior to going to ER or urgent care. We can often get you in same day or the next day. The exchange is	Related to Encounter for general adult medical examination

Date	Instruction	Additional Information
2024	available after hours and weekends at 314-400-3360.	without abnormal findings
Dec-20-2024	Follow up with psychiatry Continue medication Daily exercise Daily meditation/yoga Call office for any racing or rapid heart rate, rapid weight loss or weight gain, loss of interest in doing activities with family or friends ER for any thoughts of hurting self or others	Related to Generalized anxiety disorder
Oct-15-2024	Tylenol 1 gram three times a day as needed for pain. Do not exceed more than 4 grams of Tylenol or acetaminophen in 1 day Ibuprofen every 6-8 hours as needed for pain. Take with food. Do not exceed more than 3 grams a day of any NSAID (Ibuprofen, Aleve, Naproxen, Motrin, Advil) Rest, ace wrap/knee brace, elevation Ice for 10-15 minutes every couple of hours while awake. Can alternate with heat Orthopedic referral: COLES L'HOMMEDIEU MD 12639 OLD TESSON ROAD STE 115 ST LOUIS 63128 P: (314) 849-0311	Related to Injury of left knee, initial encounter
Mar-05-2024	Come in for a blood test Call ahead	Related to Abnormal blood chemistry
Mar-05-2024	Use Fluticasone/Flonase daily If symptoms worse or ear congestion does not improve call to discuss an ENT referral. STEVEN WEST MD 9701 LANDMARK PKWY DR STE 201 ST LOUIS 63127 P: (314) 843-3828 FREDERIC PUGLIANO MD 1001 SOUTH KIRKWOOD RD STE 320 KIRKWOOD MO 63122 P: (314) 965-9184	Related to Nasal congestion
Mar-05-2024	Congratulations on completing your COVID vaccine and boosters. Call if you have any concerning symptoms.	Related to Encounter for general adult medical examination without abnormal findings
Mar-05-2024	Continue medication Followup with Psychiatry,.	Related to Generalized anxiety disorder
Dec-06-2023	Ketoconazole cream Can use hydrocortisone cream twice a day for no more than 2 weeks with itching Washing baby shampoo Call office for any worsening symptoms	Related to Seborrheic dermatitis
Nov-22-2023	Polytrim 1 drop 4 times a day x 7 days warm compresses 10-15 minutes at a time every 2 hours while awake clean from in to out do not share wash clothes, face towels, pillow cases with others Good handwashing Call office for any worsening swelling, pain, vision changes	Related to Acute bacterial conjunctivitis of both eyes
Jul-12-2023	Try daily exercise Try meditating daily Take Tylenol for pain.	Related to Acute nonintractable headache, unspecified headache type
Jul-12-2023	Work on quad strength OK to take Aleve twice daily with food as needed only Consider neoprene wrap if it bothers you more	Related to Acute pain of left knee
Jul-12-2023	Get a flu vaccine and COVID vaccine this Fall. Get regular exercise.	Related to Encounter for general adult medical examination without abnormal findings
Jul-12-2023	Our Care Management Department will contact you about getting in with a therapist and Psychiatrist. Call if you have difficulty getting seen by these doctors or if your mood worsens.	Related to Generalized anxiety disorder

Assessments

Type	Assessment	Date
assessment	Allergic dermatitis of right upper eyelid	Mar-17-2026
assessment	Allergic dermatitis of right lower eyelid	Mar-17-2026
assessment	Allergic dermatitis of left upper eyelid	Mar-17-2026
assessment	Allergic dermatitis of left lower eyelid	Mar-17-2026

Goals

Health Concern	Goal	Type	Priority	Status	Dates (start - completion)
No Information					

Medical Equipment

Description	Device	Universal Device Identifier	Effective Dates (start - stop)	Device Status	Implantable Device Status
No Information					

Mental Status

Date	Description	Comments
No Information		

Health Concerns

Observation	Date
No Information	

Concern	Status	Effective Dates (start - stop)
No Information		

Patient Care Teams

Name	Effective Dates (start - stop)	Status	Members
No Information			

Discharge Summary Note

Clinical Note	Date
No Information	

Consultation Note

Clinical Note	Date
No Information	

History and Physical Note

Clinical Note	Date
No Information	

Progress Note

Clinical Note	Date
No Information	

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Custodian	Esse Health	**Contact Details**	PO Box 419052 Saint Louis, MO 63141-9052 US Tel Workplace: +1-3148511087

Patient	Legal: SCANLON Graham	**Contact Details**	616 N Laclede Station Rd Saint Louis, MO 63119 US Tel Workplace: +1-3147837513, Tel Mobile: +1-3147837513, Mail: essehealth@tscanlon.com
Birthdate/Deceased	May 22, 1999 - †date unknown	**Gender**	Male

Race	White	**Ethnicity**	asked but unknown
Patient-IDs	24185509 (1.0.00001) 497151546 (SSN)	**Language Communication**	English, preferred: yes
Provider Organization	Esse Health *ID* 0001 (1.0.0001), 1972559532 (NPI)	**Contact Details (Organization)**	PO Box 419052 Saint Louis, MO 63141-9052 US Tel Workplace: +1-3148511087

Documentation Of - care provision	from July 12, 2023, 11:20AM to March 17, 2026, 10:48AM		
Performer -	FNP Stephanie BINGHAM	**Contact Details**	7419 Watson Road Saint Louis, MO 63119-4415 US

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Indirect target - caregiver	PCP, FOGARTY Mark		
Informant	BOYD1 Sharmaine of Esse Health	**Contact Details**	unknown
Legal Authenticator	Sharmaine BOYD1 of Esse Health signed at April 16, 2026, 10:48:04AM -0500	**Contact Details**	unknown Workplace: