PATIENT PLAN for Graham Scanlon , DOB: 05/22/1999

Date and Location of Visit: 9/16/2025, Esse Health Watson Primary Care

We hope you find this summary of today's visit helpful.

Please contact us if your condition changes or if you have any questions. We want you well.

Give us your feedback! Please fill out the Press Ganey email survey after this visit.

Upcoming Appointments at Esse Health:

Date	Appointment Type	Resource
03/12/2026 10:20AM	Physical	Fogarty MD, Mark

Reason(s) For Visit:

General.

Assessment/Plan

#	Description
1.	Scrotal pain (N50.82). Apply cool packs Elevate scrotum with underwear. Is symptoms aren't better in 5 days, get an ultrasound at Excel Imaging. Call if symptoms worsen or persist or with fever/chills . Ultrasound of scrotum and both testicles to be performed.

Medications:

Medication	Directions
atomoxetine 25 mg capsule	take 1 capsule by oral route every day in the morning
Naltrex 1.5 mg capsule	Take 2 capsules daily
omega-3 fatty acids 1,000 mg capsule	take 1 capsule by oral route every day
Vitamin D3 50 mcg (2,000 unit) tablet	take 1 tablet by oral route every day

Your vital signs today are:

Wt	Ht Ft	Ht In	BMI	BP	Peak Flow
144.40	6.0	1.00	19.05	127/71	

Allergies:

Medication Name	Ingredient	Reaction (Severity)	Comment
	NO KNOWN ALLERGIES		

Problem List:

Problem List
Anxiety
Annual physical exam
GAD (generalized anxiety disorder)
Nocturnal hypoxemia

Follow Up:

To Be Scheduled/Ordered

Order	Assessment	Timeframe	Appointment	Interpretation
Ultrasound of scrotum and both testicles	Scrotal pain			

Active Patient Care Team Members

Name	Contact	Agency Type	Support Role	Relationship	Active Date	Inactive Date	Specialty
Mark Fogarty			Patient provider	PCP			Internal Medicine

Demographics *(inclusion of this data is required by CMS)*:
Sex: Male Race: White Ethnicity: Declined to specify Preferred Language: English

Provider: Mark Fogarty MD 09/16/2025 02:55 PM

Esse Health, 7419 Watson Road , Saint Louis, MO 63119-4415, (314)400-3360, Fax: (314)400-3363
www.essehealth.com