

REVIEW

Immunometabolism

Lactylation: novel epigenetic regulatory and therapeutic opportunities

Haoqin Fan,^{1,2} Fan Yang,³ Zhenghui Xiao,⁴ Haiyan Luo,⁵ Huaiyang Chen,^{1,2} Zhi Chen,² Qiming Liu,³ and Yunbin Xiao^{1,2}

¹The School of Pediatrics, Hengyang Medical School, University of South China, Changsha, China; ²Department of Cardiology, Hunan Children's Hospital, Changsha, China; ³Department of Cardiovascular Medicine, Second Xiangya Hospital, Central South University, Changsha, China; ⁴Department of Intensive Care Unit, Hunan Children's Hospital, Changsha, China; and ⁵General Ward for Critical Illness, Hunan Children's Hospital, Changsha, China

Abstract

Lactate, which is an end product of glycolysis, has traditionally been considered a metabolic waste. However, numerous studies have demonstrated that lactate serves metabolic and nonmetabolic functions in physiological processes and multiple diseases. Cancer and pulmonary arterial hypertension have been shown to undergo metabolic reprogramming, which is accompanied by increased lactate production. Metabolic reprogramming and epigenetic modifications have been extensively linked; furthermore, posttranslational modifications of histones caused by metabolites play a vital role in epigenetic alterations. In this paper, we reviewed recent research on lactate-induced histone modifications and provided a new vision about the metabolic effect of glycolysis. Based on our review, the cross talk between the metabolome and epigenome induced by glycolysis may indicate novel epigenetic regulatory and therapeutic opportunities. There is a magnificent progress in the interaction between metabolomics and epigenomics in recent decades, but many questions still remained to be investigated. Lactylation is found in different pathophysiological states and leads to diverse biological effects; however, only a few mechanisms of lactylation have been illustrated. Further research on lactylation would provide us with a better understanding of the cross talk between metabolomics and epigenomics.

epigenetic regulatory; glycolysis; lactylation

INTRODUCTION

Glycolysis and oxidative phosphorylation (OXPHOS) not only provide essential energy sources for cellular activities but also generate a number of intermediate products coupled with metabolic processes. Lactate, the predominant end product of glycolysis, has long been regarded as metabolic waste; however, in the past 3 decades, increasing evidence has indicated its extraordinary metabolic and nonmetabolic functions (1).

The switch in gene expression based on nongenetic sequence alterations known as epigenetics, especially post-translational modifications (PTMs), has become a research hotspot. Various histone PTMs, such as acetylation, methylation, glycosylation, ubiquitination, and phosphorylation, have been suggested to function by altering contacts between nucleosomes or recruiting nonhistone (2, 3). Most of these modification substrates are derived from metabolic processes; for instance, acetyl-CoA is a substrate that participates in the acetylation of core histones (4), and S-adenosyl methionine is capable of providing methyl groups to regulate the methylation of histones and DNA (5). Moreover,

many diseases, such as cancer and pulmonary arterial hypertension (PAH), are associated with metabolic disorders and epigenetic modifications (6, 7).

Recently, lactylation, a novel epigenetic modification induced by lactate, was first demonstrated by Di Zhang et al. (8). In this review, we summarized the classic and advanced opinions of lactate, as well as the latest research progress on histone lactylation, and proposed a hypothesis for a relation between histone lactylation and PAH.

LACTATE: THE CLASSIC AND NEW PERSPECTIVES OF METABOLISM

Glucose, the predominant nutrient and circulating carbon carrier, produces energy through two metabolic pathways: glycolysis and OXPHOS. Both pathways begin with glucose being catabolized into two molecular pyruvates, which is accompanied by the production of two ATP molecules and two NADH molecules. When oxygen is available, pyruvate and NADH electrons generated by glycolysis are shuttled into mitochondria, where they turn into acetyl-CoA, subsequently entering the tricarboxylic acid cycle and producing



a quantity of energy. During this process, the electrons of NADH can be quickly utilized by mitochondria via α glycerol phosphate shuttle or malate aspartic acid shuttle (9, 10), on the other hand, aerobic glycolysis can still generate lactate during rest as well as stressful conditions such as exercise, trauma, sepsis, and heart failure (11, 12); however, in the absence of oxygen, electrons cannot shuttle into mitochondria, so pyruvate transformation to lactate by lactate dehydrogenase (LDH) is the only metabolic pathway in which lactate is the end product (13). Thus, under some high-demand conditions, glycolysis provides a way to generate energy rapidly and lactate is released as a metabolic waste.

Lactate has traditionally been considered a metabolic waste, but it is still unclear how lactate is catabolized. Typically, liver removes lactate via the gluconeogenic pathway and subsequently produces glucose; however, this idea has gradually changed. Researchers examined metabolomics in the arterial blood and draining veins of fasted pigs, and the results showed that lactate had higher circulatory turnover flux than glucose (14). This study demonstrated that many organs and tissues both produced and consumed circulating lactate, and higher circulatory lactate indicated the expression of LDH and monocarboxylic acid transporters (MCT) were more prevalent than the expression of glucose transporters. Furthermore, lactate and pyruvate can be interconverted by LDH in cells, and both glycolysis and lactate consumption require NADH as the electron carrier. Because of the widespread expression of the MCT and LDH, the intracellular pyruvate to lactate ratio can represent the NAD to NADH ratio (15); moreover, the mutual transformation of pyruvate and lactate can maintain the redox homeostasis in tissues and cells by balancing the NAD to NADH ratio. Characterization of this universal fuel of lactate, which is generated even in aerobic conditions, makes lactate become a metabolic benefit rather than a waste.

In some pathophysiological processes, glycolysis has been more intensively studied. Even when oxygen is available, pyruvate still produces large amounts of lactate in tissues, which is known as aerobic glycolysis, especially in diseases such as cancer, immune-mediated inflammatory diseases, and PAH, which are characterized by highly proliferative and antiapoptotic phenotypes (16). With increased glycolysis and decreased OXPHOS, aerobic glycolysis promotes a highly proliferative phenotype in cells by disturbing the pyruvate/lactate and glutamine/glutathione balance, upregulating the pentose phosphate pathway and increasing the synthesis of one-carbon units, which lead to the synthesis of amino acids, lipids, and nucleotides (17). In the meantime, the lactate balance is severely broken and forms a microacidic environment around cells, which drives immunosuppression and facilitates cell proliferation (18).

LACTYLATION: A NOVEL EPIGENETIC MODIFICATION

In addition to serving as energy sources, some metabolites have other important functions, such as the PTM of proteins. Acetylation and methylation are common PTMs, both of which alter the molecular structure of nucleosomes, influencing the recruitment of various effectors or directly stimulating or repressing target gene transcription (19). In a recent

study, lactate was verified to act as a donor for the lactylation of histone lysine residues (Fig. 1), which then affected epigenetics by stimulating gene transcription from chromatin (8).

Zhang et al. identified lysine lactylation modification sites in the histone core proteins H3 and H4 in mouse bone marrow-derived macrophages (BMDMs) and human HeLa cells by liquid chromatography-mass spectrometry, which were named H3K18la and H4K5la, respectively. Under conditions of elevated endogenous lactate due to the hypoxic environment and pathogen invasion, the intracellular level of histone lactylation significantly increased and directly stimulated the expression of target genes in response to hypoxia or inflammation in M1 macrophages derived from BMDMs. In addition, exogenous inhibition of glycolysis or LDH knockdown downregulated cellular histone lactylation, indicating that histone lactylation was directly bound to cellular glycolysis. Moreover, under the late stage of hypoxia or lipopolysaccharide challenge, the dynamic change in histone lactylation correlates with the expression of genes associated with wound healing, which is an M2-like phenotype, rather than those involved in the early inflammation stage in BMDMs. Why does histone lactylation promote the M2-like macrophage phenotype in response to inflammatory stimuli? Mechanistically, the authors showed that histone lactylation could directly activate the transcription of relevant genes in a p53-dependent and histone acetyltransferase p300-mediated manner (8).

Metabolic processes and corresponding histone modifications are widely and importantly connected with physiological processes; moreover, dysregulated histone modifications can disturb the transcriptional balance and thus play an important role in the development of diseases (20–22), which have been gradually verified by studies. For example, the deletion of histone lysine 27 acetylation in renal clear cell carcinoma induced tumorigenesis by suppressing the expression of PAX8 (23), and histone lysine 27 methylation promoted myelodysplastic syndrome by mutating ASXL1 (24), the discovery of histone lactylation expands our understanding of metabolic programming and epigenetic modification. Interestingly, researchers reported a cyclic immonium ion of lactyllysine formed during tandem mass spectrometry and validated the sensitivity and specificity of this ion for lactylation (25), which shed a light on a wide landscape in human proteome beyond histones and confirmed the potential of lactylation for PTM cross talk and interaction.

LACTYLATION IS A DYNAMIC PROCESS

Recently, the mechanism of lactylation modification is studied, which reveals that lactylation is a dynamic process. Zhang et al. (8) identified p300, an acetylase, as also a lactylation writer protein, which transferred L-lactyl on histones to form histone lactylation, and overexpression of p300 remarkably increased lactylation level. Histone deacetylases (HDACs) consist of HDAC1-11 and SIRT1-7, which possess deacetylase activity. Research found that HDACs were also histone lysine delactylase. In vitro experiments HDAC1-3 substantially reduced the H3K18la and H4K5la, whereas SIRT1-3 slightly reduced H3K18la and H4K5la. However, in

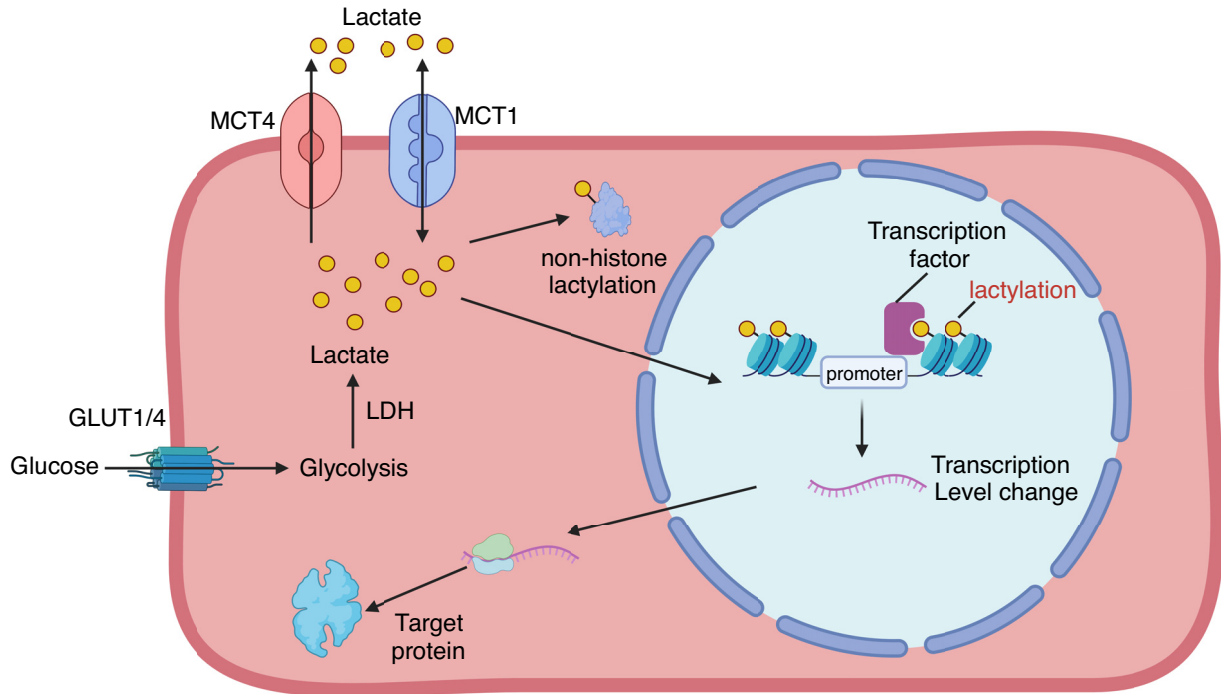


Figure 1. Lactate from extracellular plasma or glycolysis resulted in lactylation. Created using BioRender.com. GLUT1/4, glucose transporter1/4; LDH, lactate dehydrogenase; MCT1, monocarboxylate transporter 1; MCT4, monocarboxylate transporter 4.

vivo experiments, only HDAC1-3 inhibitors elevated pan K_{la} level, and sirtuin inhibitors failed to affect lactylation. Furthermore, knockdown of HDAC1 and HDAC3 but not HDAC2 in HeLa cells resulted in increase of H4K51a, but pan K_{la} and H3K181a remained unchanged, and triple knockdown of HDAC1-3 led to a stronger effect on H4K5 lactylation (26). The differences between in vitro and in vivo experiments suggested the existence of cofactors that enable the site-specific delactylation activity of HDACs. Unfortunately, there is currently no research on cofactors so far.

LACTYLATION REGULATES GENE EXPRESSION IN MULTIPLE PATHOPHYSIOLOGICAL PROCESSES

The Role of Lactylation in the Generation of Induced Pluripotent Stem Cells

Induced pluripotent stem cells (iPSCs) are generated from somatic cells by ectopically overexpressing Yamanaka factors, including Oct4, Sox2, Klf4, and c-Myc, and enhanced glycolysis was observed during the transition. However, how metabolic reprogramming affects the fate of iPSCs remains unknown. Recently, it has been reported that Gli-like transcription factor 1 (Glis1), a replacement of c-Myc in the original formula of Yamanaka factors, binds to glycolysis genes to promote their expression and elevates glycolysis levels without affecting OXPHOS in iPSCs, which leads to the accumulation of the substrates of acetylation and lactylation, including acetyl-CoA and lactate. Then, under the regulation of the “writer protein” p300, the levels of H3K9Ac, Pan K_{la}, and H3K181a were elevated, and these factors were mainly

located at the transcription start sites of pluripotency genes and promoted their expression (Fig. 2). Thus, the iPSCs shifted from a somatic phenotype to a pluripotency phenotype (27). These results suggested that lactylation may be a key epigenetic change in the generation of iPSCs.

Lactylation Promotes Cancer Progression

Cancer cells undergo metabolic reprogramming, which is known as the Warburg effect, resulting in a boost in lactate levels and lactylation. A recent study on ocular melanoma indicated that high histone lactylation correlated with poor patient prognosis, whereas the inhibition of lactylation suppressed the proliferation of ocular melanoma cells in vitro. Further research showed that H3K181a promoted the transcription of YTHDF2, an N6-methyladenosine (m⁶A) reader

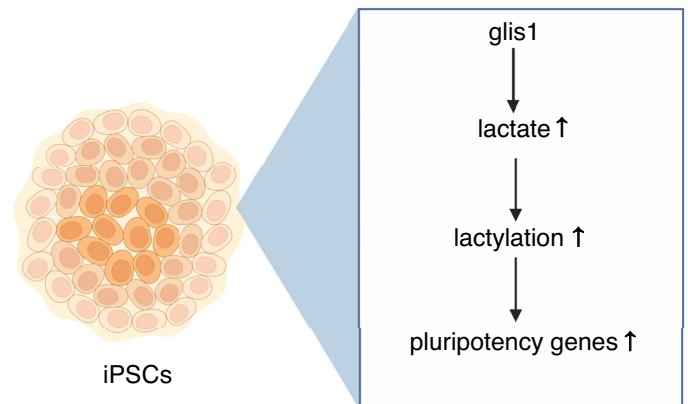


Figure 2. Lactylation promotes pluripotency in iPSCs. Created using BioRender.com. iPSCs, induced pluripotent stem cells.

that degraded mRNAs with the m⁶A modification. In ocular melanoma, increased YTHDF2 downregulated PER1 and TP53, which resulted in increased proliferation and migration in ocular melanoma cells (28). In another study, p300-mediated H3K181a increased the expression of METTL3, which lead to the activation of the JAK1-STAT3 signal pathway in tumor-infiltrating myeloid cells (TIMs). Besides, lactylation also took place on K281 and K345 of METTL3, which enhanced the capture of Jak1 by METTL3. The lactylation of TIMs promoted the infiltration and growth of cancer cells (29). However, lactylation might play different roles in other kinds of cancers. Research on nonsmall-cell lung cancer (NSCLC) showed that higher expression of LDHA and LDHB was correlated with poor prognosis of NSCLC; nevertheless, increased lactate levels inhibited glycolysis and the proliferation and migration of NSCLC cells (30). Furthermore, NSCLC cells treated with lactate showed upregulated *SDH*, *IDH*, and *HIF1A* transcription accompanied by elevated lactylation and downregulated transcription of glycolysis enzymes, including *HK-1*, *G6PD*, and *PKM*. ChIP assay showed that lactylated histone H4 was enriched at the promoters of *HK-1* and *IDH3G*, which suggested that the transcription of these genes was regulated by histone H4

lactylation; however, the detailed mechanism of how lactylation influenced NSCLC was not elucidated in this study. In addition, histone H4 lactylation suppressed NSCLC progression by inhibiting glycolysis, which was contradictory to the results in ocular melanoma and TIMs, raising the question of whether lactylation promotes or inhibits cancer progression (Fig. 3). Diverse answers may exist depending on circumstances.

Lactylation in Neural Excitation

One of the major functions of neurons is generating and conducting excitation, during which a large amount of lactate is produced (31). In a recent study, the depolarization of neurons facilitated the accumulation of lactate and increased in lactylation, which was attenuated by LDH inhibitors. This study also showed that lactylation was higher in the brains of mice treated with lactate. Repeated social defeat stress increased brain activity accompanied by increased lactylation in a mouse model. These findings demonstrated that increased brain activity resulted in lactylation (Fig. 4). However, how lactylation affects neural excitation remains unknown and needs further investigation.

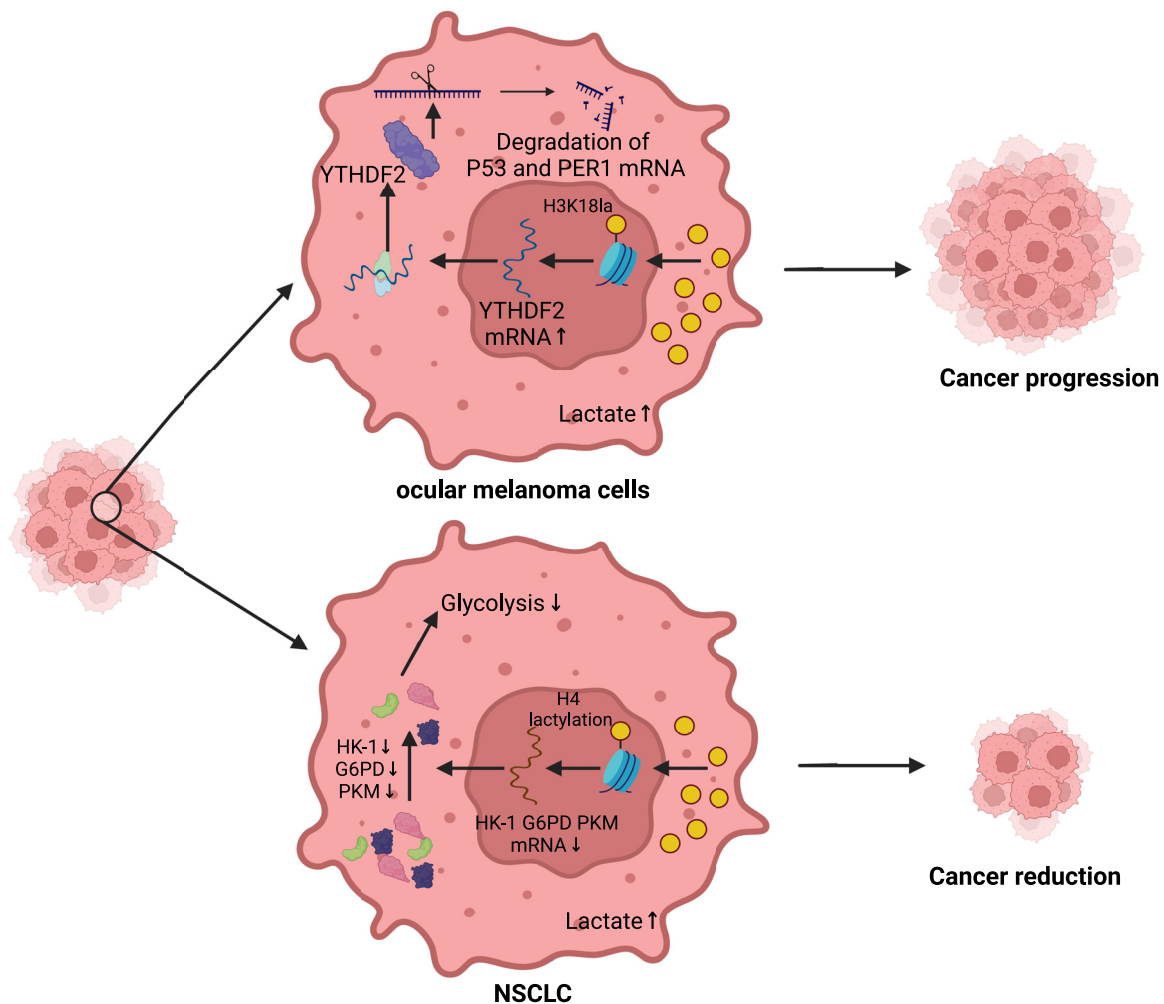
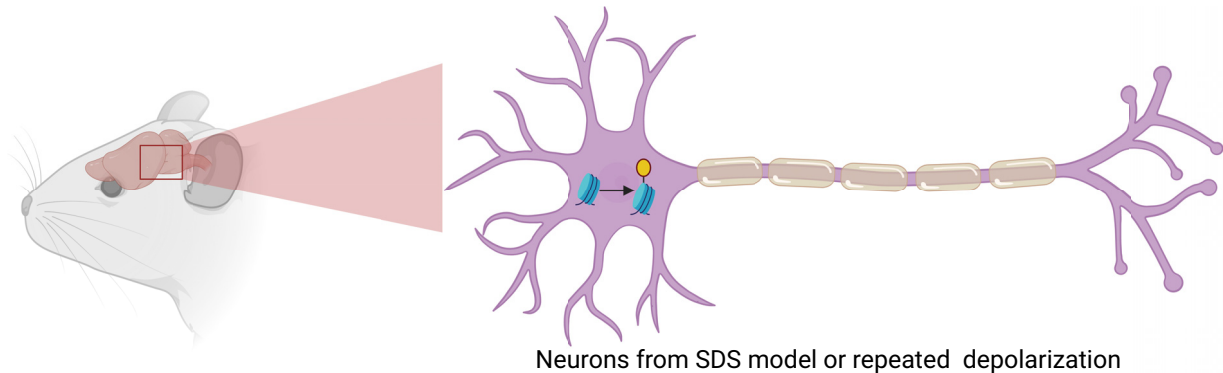


Figure 3. Lactylation regulates ocular melanoma cells and NSCLC. Created using BioRender.com. G6PD, 6-phosphoglucose dehydrogenase; HK-1, hexokinase 1; NSCLC, nonsmall-cell lung cancer; PKM, pyruvate kinase.



Neurons from SDS model or repeated depolarization

Figure 4. Lactylation is upregulated during neural excitation. Created using BioRender.com. SDS, social defeat stress.

Lactylation Promotes Alzheimer's Disease

Alzheimer's disease (AD) is the most common form of neurodegenerative disease, and study found that lactate and H4K12 lactylation levels were upregulated in 5XFAD mice and patients with AD. Further exploration revealed that H4K12 lactylation was enriched in *PKM2*'s promoter region which upregulated the expression of *PKM2*. *PKM2* was a glycolysis key enzyme and caused the production of lactate, the substrate of H4K12 lactylation. Thus, glycolysis, H4K12la, and *PKM2* formed a positive feedback loop, and the broke of the loop inhibited microglial activation in 5XFAD mice, which alleviated AD's symptoms (32).

Lactylation Affects Macrophage Polarization

Macrophage polarization refers to the acquisition of an activation state in macrophages. Based on their functions and gene expression, activated macrophages are divided into proinflammatory M1 macrophages and anti-inflammatory M2 cells (33). BMDMs challenged with LPS and $\text{IFN-}\gamma$ showed an M1 phenotype and elevated lactylation levels. After 24–48 h of M1 polarization, BMDMs started to express M2-like phenotype-related genes, such as *ARG1* and *VEGFA*. However, BMDMs treated with lactate only showed an M2-like phenotype and elevated lactylation without an early M1 polarization stage. These findings suggested that lactylation induced an M2-like phenotype and restored BMDMs to homeostasis in the late stage of M1 polarization (8). There was another study that had the opposite results, which showed that lactate and the expression of *Arg1* were uncoupled. In this study, *Arg1* was regulated by IL6, whereas NO and multiple cell death pathways were responsible for the accumulation of lactate and development of lactylation (Fig. 5). Their results suggested that lactate and lactylation were not coupled with macrophage activation and polarization (34). Hence, the effect of lactylation on macrophage polarization remains unclear.

Lactylation in Pulmonary Fibrosis

Pulmonary fibrosis is a chronic progressive disease that is believed to be affected by the dysregulation of multiple cell types, including alveolar endothelial cells, macrophages (35), and fibroblasts (36). Research has shown high expression of profibrotic factors, including *Arg1*, *PDGFA*, *THBS1*, and *VEGFA*, in alveolar macrophages from TGF- β 1-induced

pulmonary fibrosis mice. Moreover, alveolar macrophages treated directly with lactate showed high levels of protein lactylation, especially histone lactylation, which bound to the promotor regions of *ARG1*, *PDGFA*, *THBS1*, and *VEGFA* and then promoted their expression (37). Interestingly, *Arg1* and *VEGFA* are not only profibrotic factors but also biomarkers of M2-like macrophages, and the lactylation of these factors has been shown (8) to promote the development of pulmonary fibrosis in other studies (38).

Lactylation Might Promote the Development of PAH

PAH is a fatal disease that is characterized by a cancer-like increase in cell proliferation and resistance to apoptosis (39). Strong evidence has shown that acquired abnormalities in cellular metabolism and epigenetic dysregulation contributed to the pathogenesis of PAH (40, 41). Although there has been no study of lactylation in PAH, previous research suggested a high possibility that lactylation induced the development of PAH. Lactylation has been detected in pulmonary fibrosis, which is a potential etiological factor of hypoxic PAH, and the results showed enriched histone lactylation accompanied by increased *PDGFA* and *VEGFA* expression, both of which play vital roles in PAH progression by promoting pulmonary artery smooth muscle cells (PASCs) and endothelial cells dysfunction (42).

In the lactate-enriched microenvironment, macrophages have elevated levels of lactylation and underwent similar polarization toward the M2 phenotype. M1/M2 ratio imbalance is a key mechanism of PAH, a study showed enhancement of M2 macrophage markers in the lung tissue of patients with idiopathic PAH (43). Perivascular macrophages from patients with PAH show high expression of the M2 polarization marker mannose receptor (*MRC1*) (44). In another experiment, macrophage low (MacLow)-induced PAH mice exhibited a decreased M1/M2 ratio, and the culture media of MacLow macrophages promoted the proliferation of PASCs (45). M2 macrophages secreted PDGF-BB and MMP9 (46), which stimulated PASCs proliferation and migration. Thus, there is a hypothesis that lactylation promotes macrophage M2 polarization, which induces the proliferation and migration of PASCs and the development of PAH.

YTHDF2 and METTL3 are m⁶A reorganization proteins that are upregulated by histone lactylation and promote the degradation of *TP53* and *PER1* mRNA in ocular melanoma (28). Our research revealed a high level of m⁶A methylation

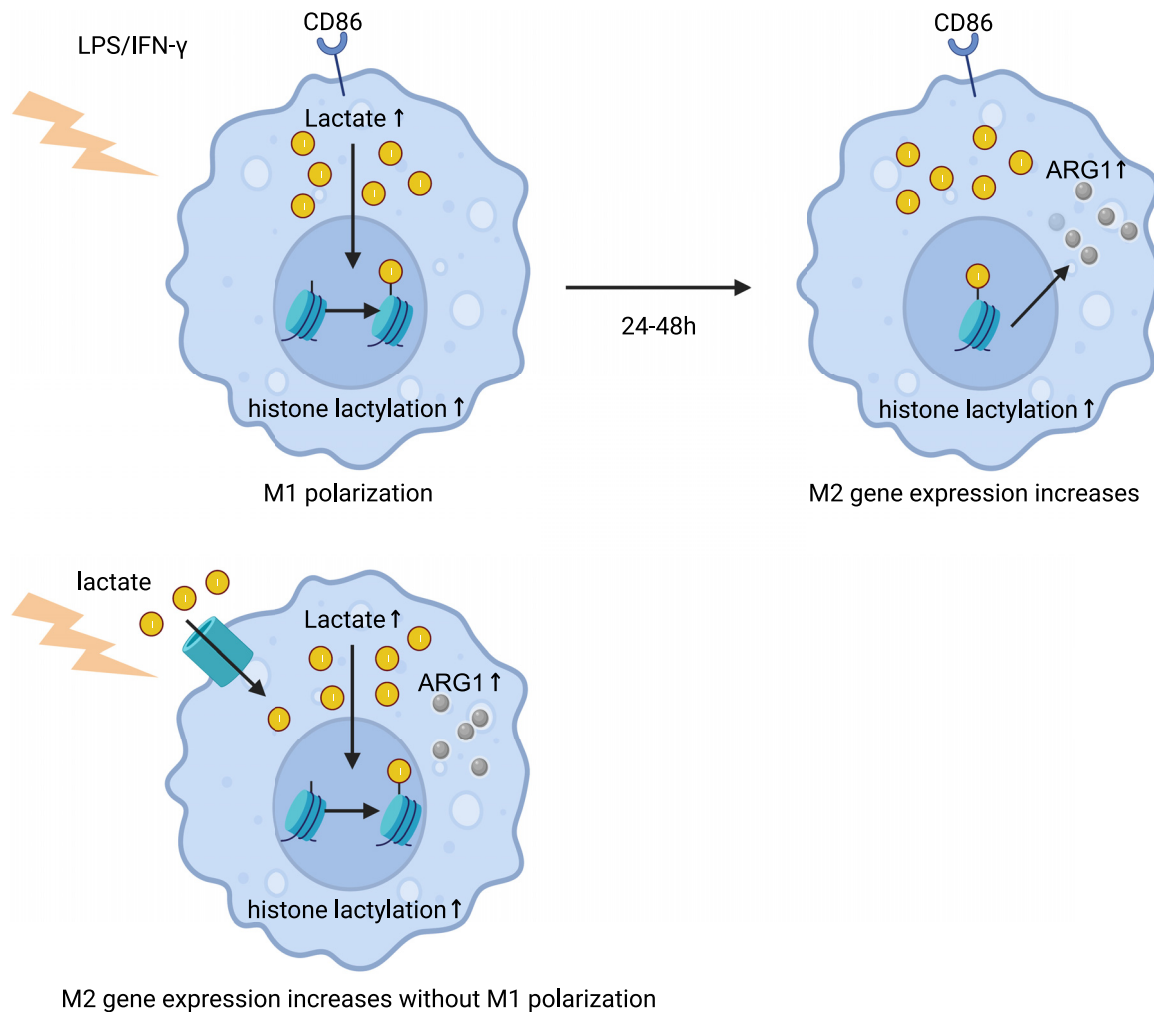


Figure 5. Lactylation influences the fate of macrophage polarization. Created using BioRender.com. ARG1, arginase 1; IFN- γ , interferon- γ ; LPS, lipopolysaccharide.

and altered levels of key enzymes in monocrotaline-PAH rats (47). YTHDF2 and METTL3 were also overexpressed in PAH induced by hypoxia and led to the hyperproliferation of PSMCs (48). However, the mechanism of YTHDF2 overexpression remains unknown. PSMCs share features of cancer cells, such as a high level of the Warburg effect (49) and downregulated TP53 expression (50). It is possible that lactylation promotes PSMCs by regulating the expression of key m⁶A enzymes. Thus, studying lactylation might identify a new regulatory target in PAH.

POTENTIAL THERAPEUTIC TARGET

Lactate has been increasingly considered as a novel potential therapeutic target in many diseases, especially in cancer, and till now, most treatments are targeted MCT1 and MCT4. For instance, tumor cells are characterized by antioxidation in tumor microenvironment (TME) and drugs can inhibit MCT4-mediated lactate efflux, inducing tumor acidosis and promoting reactive oxygen species production, and further collapsing the antioxidant system of tumor cells (51, 52). In addition, drugs targeting MCT1 and MCT4 are also being investigated in clinical developments (53, 54). However,

metabolic reprogramming in TME that can cause impeding immune surveillance and promote cancer growth, making their resistance to traditional chemotherapeutic agents or targeted agents a major problem in cancer treatment (55, 56).

Surprisingly, studies have determined that lactylation plays an important role in cancer progression, there were several studies targeting lactate or lactylation to treat cancers and showed that lactylation would become a new therapeutic opportunity. Researchers reported a triterpene antitumor compound, demethylzeylasteral (DML), suppressed tumorigenesis of liver cancer stem cells (LCSCs) in vitro and in vivo and verified that DML inhibited LCSCs by regulating lactate and lactylation of a metabolic stress-related histone (57); further researches showed two lactylation modification sites, H3K91a and H3K561a, were associated with oncogenicity of LCSCs. Another study revealed that lactate regulated Treg cells by enhancing TGF- β signaling via TGF- β RI in TME through lactylation of MOESIN at the Lys72 residue (58). In addition, researchers found cotreatment with anti-PD-1 and a lactate dehydrogenase inhibitor had a stronger antitumor effect than anti-PD-1 alone in mice. These studies indicated lactylation was a potential candidate target for cancer treatment and proposed a new

thinking of targeting tumor cells in the treatment strategies, which provided theoretical experience for the clinical intervention of tumor recurrence.

In general, targeting lactate and lactylation metabolism are becoming a potential and prospective therapeutic strategy. The discovery of lactylation enriches the biological function and underlying mechanisms of glucose metabolism, which provide a novel idea for exploring biological functions and developing treatment strategies.

CONCLUSIONS AND PERSPECTIVES

Lactate, which is an end product of glycolysis, is produced through multiple physiological and pathological processes, such as hypoxia, inflammation, and tumor progression. However, lactate is more than a metabolic waste product and regulates multiple bioprocesses. Since 1970s, the recognition of lactate has transformed, notably, from the ATP production is faster and more efficient than aerobic oxidation of glucose to the lactate is a common fuel and as a redox buffer that maintains a balanced cellular redox state. Subsequent researchers gradually demonstrated the roles of lactate as a distinct metabolic signaling molecule and preliminarily explored the functions of lactylation as a novel acylation PTMs form in certain pathophysiological process, including directly regulating oncogenes expression, inducing anti-inflammatory phenotype in TMEs, and adjusting neuronal excitation.

The study of epigenetic regulation modified by lactylation is still at the infancy stage; however, this discovery makes the probe of epigenetic mechanisms more prospective. Researchers revealed that lactylation because of lactate accumulation could inhibit the feedback mechanism of glycolysis by covalently modifying the upstream metabolic enzymes in the glycolysis pathway (25), and demonstrated that lactylation on K147 inhibited enzyme activity. Another research by Yang et al. (59) reported a global lactylome profiling on a hepatocellular carcinoma cohort and found the lactylation of adenylate kinase 2 significantly affected the function and biological behavior of cancer cells. These two discoveries provided direct evidence for the functional importance of lactylation on nonhistone proteins, which complemented the existing regulatory model of “end product inhibition” and suggested the lactylation may be an important hub of lactate and tumor metabolism. Histone and nonhistone modification of lactylation elucidated the causal relationship between lactylation and the occurrence and development of chronic diseases such as inflammation and tumor. Exploring the regulation of lactylation is expected to be a potential and promising therapeutic target.

The discovery of lactylation will no doubt expand our visions for realizing the implications of lactate itself and the Warburg effect in human diseases. However, there are still many scientific questions to be illustrated. First, almost all lactylation research today revolves around lysine residues, however, does lactylation occurs only at lysine residues? Second, considering the function and effect of lactate itself in TME and tumor, studies of lactate-mediated lactylation should be more thorough. Xin et al. (60) proposed lactylation may just be caused only by lactate accumulation and had no specific functions. In GO and KEGG analysis, the lactate function of different organs had some differences (61). Therefore, lactate-

mediated lactylation in histone and nonhistone should be more explored. Finally, the enzymes of producing and regulating lactylation modification remain to be demonstrated. For histone delactylases, as described earlier, lactyl can be transferred from lacy-CoA to histones via p300, and HDAC1–3 are histone lactylation removal enzymes. For nonhistone delactylases, Sun et al. (62) found sirtuin 1 as a potential nonhistone delactylase. Interestingly, Dong et al. (63) reported the lactylation regulatory system in prokaryotes and demonstrated that YiaC and CobB were respectively “writers” and “erasers” of lactylation proteins in vitro and intracellularly. These works showed that lactylation regulation mechanism exists not only in eukaryotes but also in prokaryotes, which presented a new perspective for studying the mechanism of lactylation regulation metabolism in bacteria.

Here, we reviewed a novel means by which metabolic reprogramming influenced gene expression. In conclusion, there are two possible ways that lactylation regulates protein functions: 1) Histone lactylation directly binds to the promoter region, which promotes or inhibits the transcription of certain genes and 2) Lactylation directly modifies proteins, which regulates their bioactivities. Studies have shown that lactylation was present in multiple diseases, associated with prognosis and resulted in the alteration of gene expression. Only a few mechanisms have been illustrated, and most of the cross talk between glucose metabolism and epigenetics remains unknown. Further research on lactylation would provide us with a better understanding of the cross talk between the metabolome and epigenome.

ACKNOWLEDGMENTS

All figures and graphical abstract were created with BioRender and are published with permission.

GRANTS

This work was supported by the Hunan Provincial Health Commission Project (No. 20200483), Project of Hunan Provincial Research on Chinese Medicine (No. 201914), and 2019 National Medical Service and Support Capacity Improvement Project: Children’s Difficult Diagnosis and Treatment Center.

DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the authors.

AUTHOR CONTRIBUTIONS

H.F., F.Y., and H.C. drafted manuscript; H.F., F.Y., and Y.X. edited and revised manuscript; H.F., F.Y., Z.X., H.L., H.C., Z.C., Q.L., and Y.X. approved final version of manuscript.

REFERENCES

- Haller HL, Sander F, Popp D, Rapp M, Hartmann B, Demircan M, Nischwitz SP, Kamolz LP. Oxygen, pH, lactate, and metabolism—how old knowledge and new insights might be combined for new wound treatment. *Medicina (Kaunas)* 57: 1190, 2021. doi:10.3390/medicina57111190.
- Cavaliere V. The expanding constellation of histone post-translational modifications in the epigenetic landscape. *Genes (Basel)* 12: 1596, 2021. doi:10.3390/genes12101596.

3. Kouzarides T. Chromatin modifications and their function. *Cell* 128: 693–705, 2007. doi:10.1016/j.cell.2007.02.005.
4. Sabari BR, Zhang D, Allis CD, Zhao Y. Metabolic regulation of gene expression through histone acylations. *Nat Rev Mol Cell Biol* 18: 90–101, 2017. doi:10.1038/nrm.2016.140.
5. Guccione E, Richard S. The regulation, functions and clinical relevance of arginine methylation. *Nat Rev Mol Cell Biol* 20: 642–657, 2019 [Erratum in *Nat Rev Mol Cell Biol* 20: 567, 2019]. doi:10.1038/s41580-019-0155-x.
6. Xiao Y, Chen PP, Zhou RL, Zhang Y, Tian Z, Zhang SY. Pathological mechanisms and potential therapeutic targets of pulmonary arterial hypertension: a review. *Aging Dis* 11: 1623–1639, 2020. doi:10.14338/ad.2020.0111.
7. Sun L, Zhang H, Gao P. Metabolic reprogramming and epigenetic modifications on the path to cancer. *Protein Cell* 13: 877–919, 2021. doi:10.1007/s13238-021-00846-7.
8. Zhang D, Tang Z, Huang H, Zhou G, Cui C, Weng Y, Liu W, Kim S, Lee S, Perez-Neut M, Ding J, Czyz D, Hu R, Ye Z, He M, Zheng YG, Shuman HA, Dai L, Ren B, Roeder RG, Becker L, Zhao Y. Metabolic regulation of gene expression by histone lactylation. *Nature* 574: 575–580, 2019. doi:10.1038/s41586-019-1678-1.
9. Borst P. The malate-aspartate shuttle (borst cycle): how it started and developed into a major metabolic pathway. *IUBMB Life* 72: 2241–2259, 2020. doi:10.1002/iub.2367.
10. Gellerich FN, Gizatullina Z, Trumbeckaite S, Nguyen HP, Pallas T, Arandarcikaite O, Vielhaber S, Seppet E, Strigrow F. The regulation of OXPHOS by extramitochondrial calcium. *Biochim Biophys Acta* 1797: 1018–1027, 2010. doi:10.1016/j.bbabo.2010.02.005.
11. Brooks GA. The science and translation of lactate shuttle theory. *Cell Metab* 27: 757–785, 2018. doi:10.1016/j.cmet.2018.03.008.
12. Rogatzki MJ, Ferguson BS, Goodwin ML, Gladden LB. Lactate is always the end product of glycolysis. *Front Neurosci* 9: 22, 2015. doi:10.3389/fnins.2015.00022.
13. Jorfeldt L, Juhlin-Dannfelt A, Karlsson J. Lactate release in relation to tissue lactate in human skeletal muscle during exercise. *J Appl Physiol Respir Environ Exerc Physiol* 44: 350–352, 1978. doi:10.1152/jap.1978.44.3.350.
14. Jang C, Hui S, Zeng X, Cowan AJ, Wang L, Chen L, Morscher RJ, Reyes J, Frezza C, Hwang HY, Imai A, Saito Y, Okamoto K, Vaspoli C, Kasprinski L, Zsido GA 2nd, Gorman JH 3rd, Gorman RC, Rabinowitz JD. Metabolite exchange between mammalian organs quantified in pigs. *Cell Metab* 30: 594–606.e3, 2019. doi:10.1016/j.cmet.2019.06.002.
15. Rabinowitz JD, Enerbäck S. Lactate: the ugly duckling of energy metabolism. *Nat Metab* 2: 566–571, 2020. doi:10.1038/s42255-020-0243-4.
16. Certo M, Tsai CH, Pucino V, Ho PC, Mauro C. Lactate modulation of immune responses in inflammatory versus tumour microenvironments. *Nat Rev Immunol* 21: 151–161, 2021. doi:10.1038/s41577-020-0406-2.
17. Zhang H, Wang D, Li M, Plecítá-Hlavatá L, D'Alessandro A, Tauber J, Riddle S, Kumar S, Flockton A, McKeon BA, Frid MG, Reisz JA, Caruso P, El Kasmi KC, Ježek P, Morrell NW, Hu CJ, Stenmark KR. Metabolic and proliferative state of vascular adventitial fibroblasts in pulmonary hypertension is regulated through a microRNA-124/ptbp1 (polypyrimidine tract binding protein 1)/pyruvate kinase muscle axis. *Circulation* 136: 2468–2485, 2017. doi:10.1161/circulationaha.117.028069.
18. Wang ZH, Peng WB, Zhang P, Yang XP, Zhou Q. Lactate in the tumour microenvironment: From immune modulation to therapy. *EBioMedicine* 73: 103627, 2021. doi:10.1016/j.ebiom.2021.103627.
19. Morgan MAJ, Shilatifard A. Reevaluating the roles of histone-modifying enzymes and their associated chromatin modifications in transcriptional regulation. *Nat Genet* 52: 1271–1281, 2020. doi:10.1038/s41588-020-00736-4.
20. Portela A, Esteller M. Epigenetic modifications and human disease. *Nat Biotechnol* 28: 1057–1068, 2010. doi:10.1038/nbt.1685.
21. Xiao Y, Xu J, Yin W. Aberrant epigenetic modifications of non-coding RNAs in human disease. *Adv Exp Med Biol* 1094: 65–75, 2018. doi:10.1007/978-981-13-0719-5_7.
22. Zheng Q, Maksimovic I, Upad A, David Y. Non-enzymatic covalent modifications: a new link between metabolism and epigenetics. *Protein Cell* 11: 401–416, 2020. doi:10.1007/s13238-020-00722-w.
23. Gu X, Enane F, Tohme R, Schuerger C, Radivoyevitch T, Parker Y, Zuberi E, Przychodzen B, Jha BK, Lindner D, Rini B, Saunthararajah Y. PBRM1 loss in kidney cancer unbalances the proximal tubule master transcription factor hub to repress proximal tubule differentiation. *Cell Rep* 36: 109747, 2021. doi:10.1016/j.celrep.2021.109747.
24. Inoue D, Kitaura J, Togami K, Nishimura K, Enomoto Y, Uchida T, Kagiya Y, Kawabata KC, Nakahara F, Izawa K, Okii T, Maehara A, Isobe M, Tsuchiya A, Harada Y, Harada H, Ochiya T, Aburatani H, Kimura H, Thol F, Heuser M, Levine RL, Abdel-Wahab O, Kitamura T. Myelodysplastic syndromes are induced by histone methylation–altering ASXL1 mutations. *J Clin Invest* 123: 4627–4640, 2013. doi:10.1172/jci70739.
25. Wan N, Wang N, Yu S, Zhang H, Tang S, Wang D, Lu W, Li H, Delafield DG, Kong Y, Wang X, Shao C, Lv L, Wang G, Tan R, Wang N, Hao H, Ye H. Cyclic immonium ion of lactyllysine reveals widespread lactylation in the human proteome. *Nat Methods* 19: 854–864, 2022. doi:10.1038/s41592-022-01523-1.
26. Moreno-Yruela C, Zhang D, Wei W, Bæk M, Liu W, Gao J, Danková D, Nielsen AL, Bolding JE, Yang L, Jameson ST, Wong J, Olsen CA, Zhao Y. Class I histone deacetylases (HDAC1-3) are histone lysine deacetylases. *Sci Adv* 8: eabi6696, 2022. doi:10.1126/sciadv.abi6696.
27. Li L, Chen K, Wang T, Wu Y, Xing G, Chen M, Hao Z, Zhang C, Zhang J, Ma B, Liu Z, Yuan H, Liu Z, Long Q, Zhou Y, Qi J, Zhao D, Gao M, Pei D, Nie J, Ye D, Pan G, Liu X. Glis1 facilitates induction of pluripotency via an epigenome-metabolome-epigenome signalling cascade. *Nat Metab* 2: 882–892, 2020 [Erratum in *Nat Metab* 2: 1179, 2020]. doi:10.1038/s42255-020-0267-9.
28. Yu J, Chai P, Xie M, Ge S, Ruan J, Fan X, Jia R. Histone lactylation drives oncogenesis by facilitating m^A reader protein YTHDF2 expression in ocular melanoma. *Genome Biol* 22: 85, 2021. doi:10.1186/s13059-021-02308-z.
29. Xiong J, He J, Zhu J, Pan J, Liao W, Ye H, Wang H, Song Y, Du Y, Cui B, Xue M, Zheng W, Kong X, Jiang K, Ding K, Lai L, Wang Q. Lactylation-driven METTL3-mediated RNA m^A modification promotes immunosuppression of tumor-infiltrating myeloid cells. *Mol Cell* 82: 1660–1677.e10, 2022. doi:10.1016/j.molcel.2022.02.033.
30. Jiang J, Huang D, Jiang Y, Hou J, Tian M, Li J, Sun L, Zhang Y, Zhang T, Li Z, Li Z, Tong S, Ma Y. Lactate modulates cellular metabolism through histone lactylation-mediated gene expression in non-small cell lung cancer. *Front Oncol* 11: 647559, 2021. doi:10.3389/fonc.2021.647559.
31. Li B, Freeman RD. Neurometabolic coupling between neural activity, glucose, and lactate in activated visual cortex. *J Neurochem* 135: 742–754, 2015. doi:10.1111/jnc.13143.
32. Pan RY, He L, Zhang J, Liu X, Liao Y, Gao J, Liao Y, Yan Y, Li Q, Zhou X, Cheng J, Xing Q, Guan F, Zhang J, Sun L, Yuan Z. Positive feedback regulation of microglial glucose metabolism by histone h4 lysine 12 lactylation in alzheimer's disease. *Cell Metab* 34: 634–648.e6, 2022. doi:10.1016/j.cmet.2022.02.013.
33. Boutilier AJ, ElSawa SF. Macrophage polarization states in the tumour microenvironment. *Int J Mol Sci* 22: 6995, 2021. doi:10.3390/ijms22136995.
34. Dichtl S, Lindenthal L, Zeitler L, Behnke K, Schlösser D, Strobl B, Scheller J, El Kasmi KC, Murray PJ. Lactate and IL6 define separable paths of inflammatory metabolic adaptation. *Sci Adv* 7: eabg3505, 2021. doi:10.1126/sciadv.abg3505.
35. Kishore A, Petrek M. Roles of macrophage polarization and macrophage-derived miRNAs in pulmonary fibrosis. *Front Immunol* 12: 678457, 2021. doi:10.3389/fimmu.2021.678457.
36. Spagnolo P, Kropski JA, Jones MG, Lee JS, Rossi G, Karampitsakos T, Maher TM, Tzouveleakis A, Ryerson CJ. Idiopathic pulmonary fibrosis: disease mechanisms and drug development. *Pharmacol Ther* 222: 107798, 2021. doi:10.1016/j.pharmthera.2020.107798.
37. Irizarry-Caro RA, McDaniel MM, Overcast GR, Jain VG, Troutman TD, Pasare C. TLR signaling adapter BCAP regulates inflammatory to reparatory macrophage transition by promoting histone lactylation. *Proc Natl Acad Sci USA* 117: 30628–30638, 2020. doi:10.1073/pnas.2009778117.
38. Wang Y, Zhang L, Wu GR, Zhou Q, Yue H, Rao LZ, Yuan T, Mo B, Wang FX, Chen LM, Sun F, Song J, Xiong F, Zhang S, Yu Q, Yang P, Xu Y, Zhao J, Zhang H, Xiong W, Wang CY. MBD2 serves as a viable target against pulmonary fibrosis by inhibiting macrophage M2 program. *Sci Adv* 7: eabb6075, 2021. doi:10.1126/sciadv.abb6075.

39. **Galiè N, McLaughlin VV, Rubin LJ, Simonneau G.** An overview of the 6th world symposium on pulmonary hypertension. *Eur Respir J* 53: 1802148, 2019. doi:10.1183/13993003.02148-2018.
40. **Hudson J, Farkas L.** Epigenetic regulation of endothelial dysfunction and inflammation in pulmonary arterial hypertension. *Int J Mol Sci* 22: 12098, 2021. doi:10.3390/ijms222212098.
41. **Thenappan T, Ormiston ML, Ryan JJ, Archer SL.** Pulmonary arterial hypertension: pathogenesis and clinical management. *BMJ* 360: j5492, 2018. doi:10.1136/bmj.j5492.
42. **Xiao Y, Peng H, Hong C, Chen Z, Deng X, Wang A, Yang F, Yang L, Chen C, Qin X.** PDGF promotes the Warburg effect in pulmonary arterial smooth muscle cells via activation of the PI3K/AKT/mTOR/HIF-1 α signaling pathway. *Cell Physiol Biochem* 42: 1603–1613, 2017. doi:10.1159/000479401.
43. **Hashimoto-Kataoka T, Hosen N, Sonobe T, Arita Y, Yasui T, Masaki T, Minami M, Inagaki S, Miyagawa S, Sawa Y, Murakami M, Kumano A, Yamauchi-Takahara K, Okumura M, Kishimoto T, Komuro I, Shirai M, Sakata Y, Nakaoka Y.** Interleukin-6/interleukin-21 signaling axis is critical in the pathogenesis of pulmonary arterial hypertension. *Proc Natl Acad Sci USA* 112: E2677–E2686, 2015. doi:10.1073/pnas.1424774112.
44. **Abid S, Marcos E, Parpaleix A, Amsellem V, Breaux M, Houssaini A, Vienney N, Lefevre M, Derumeaux G, Evans S, Hubeau C, Delcroix M, Quarck R, Adnot S, Lipskaia L.** CCR2/CCR5-mediated macrophage-smooth muscle cell crosstalk in pulmonary hypertension. *Eur Respir J* 54: 1802308, 2019. doi:10.1183/13993003.02308-2018.
45. **Zawia A, Arnold ND, West L, Pickworth JA, Turton H, Iremonger J, Braithwaite AT, Cañedo J, Johnston SA, Thompson AAR, Miller G, Lawrie A.** Altered macrophage polarization induces experimental pulmonary hypertension and is observed in patients with pulmonary arterial hypertension. *Arterioscler Thromb Vasc Biol* 41: 430–445, 2021. doi:10.1161/atvbaha.120.314639.
46. **Spiller KL, Anfang RR, Spiller KJ, Ng J, Nakazawa KR, Daulton JW, Vunjak-Novakovic G.** The role of macrophage phenotype in vascularization of tissue engineering scaffolds. *Biomaterials* 35: 4477–4488, 2014. doi:10.1016/j.biomaterials.2014.02.012.
47. **Zeng Y, Huang T, Zuo W, Wang D, Xie Y, Wang X, Xiao Z, Chen Z, Liu Q, Liu N, Xiao Y.** Integrated analysis of m⁶A mRNA methylation in rats with monocrotaline-induced pulmonary arterial hypertension. *Aging (Albany NY)* 13: 18238–18256, 2021. doi:10.18632/aging.203230.
48. **Qin Y, Qiao Y, Li L, Luo E, Wang D, Yao Y, Tang C, Yan G.** The m⁶A methyltransferase METTL3 promotes hypoxic pulmonary arterial hypertension. *Life Sci* 274: 119366, 2021. doi:10.1016/j.lfs.2021.119366.
49. **Dabral S, Muecke C, Valasarajan C, Schmoranzner M, Wietelmann A, Semenza GL, Meister M, Muley T, Seeger-Nukpezah T, Samakovlis C, Weissmann N, Grimminger F, Seeger W, Savai R, Pullamsetti SS.** A RASSF1A-HIF1 α loop drives Warburg effect in cancer and pulmonary hypertension. *Nat Commun* 10: 2130, 2019. doi:10.1038/s41467-019-10044-z.
50. **Wakasugi T, Shimizu I, Yoshida Y, Hayashi Y, Ikegami R, Suda M, Katsuumi G, Nakao M, Hoyano M, Kashimura T, Nakamura K, Ito H, Nojiri T, Soga T, Minamino T.** Role of smooth muscle cell p53 in pulmonary arterial hypertension. *PLoS One* 14: e0212889, 2019. doi:10.1371/journal.pone.0212889.
51. **Wang Q, Xue L, Zhang X, Bu S, Zhu X, Lai D.** Autophagy protects ovarian cancer-associated fibroblasts against oxidative stress. *Cell Cycle* 15: 1376–1385, 2016. doi:10.1080/15384101.2016.1170269.
52. **Wang W, Fu F, Huang Z, Wang W, Chen M, Yue X, Fu J, Feng X, Huang Y, Wu C, Pan X.** Inhalable biomimetic protein corona-mediated nanoreactor for self-amplified lung adenocarcinoma ferroptosis therapy. *ACS Nano* 16: 8370–8387, 2022. doi:10.1021/acsnano.2c02634.
53. **Marchiq I, Le Floch R, Roux D, Simon MP, Pouyssegur J.** Genetic disruption of lactate/H⁺ symporters (MCTs) and their subunit CD147/BASIGIN sensitizes glycolytic tumor cells to phenformin. *Cancer Res* 75: 171–180, 2015. doi:10.1158/0008-5472.Can-14-2260.
54. **Feichtinger RG, Lang R.** Targeting l-lactate metabolism to overcome resistance to immune therapy of melanoma and other tumor entities. *J Oncol* 2019: 2084195, 2019. doi:10.1155/2019/2084195.
55. **Cascone T, McKenzie JA, Mbofung RM, Punt S, Wang Z, Xu C, et al.** Increased tumor glycolysis characterizes immune resistance to adoptive t cell therapy. *Cell Metab* 27: 977–987.e4, 2018. doi:10.1016/j.cmet.2018.02.024.
56. **Aria H, Rezaei M, Nazem S, Daraei A, Nikfar G, Mansoori B, Bahmanyar M, Tavassoli A, Vakil MK, Mansoori Y.** Purinergic receptors are a key bottleneck in tumor metabolic reprogramming: the prime suspect in cancer therapeutic resistance. *Front Immunol* 13: 947885, 2022. doi:10.3389/fimmu.2022.947885.
57. **Pan L, Feng F, Wu J, Fan S, Han J, Wang S, Yang L, Liu W, Wang C, Xu K.** Demethylzeylasteral targets lactate by inhibiting histone lactylation to suppress the tumorigenicity of liver cancer stem cells. *Pharmacol Res* 181: 106270, 2022. doi:10.1016/j.phrs.2022.106270.
58. **Gu J, Zhou J, Chen Q, Xu X, Gao J, Li X, Shao Q, Zhou B, Zhou H, Wei S, Wang Q, Liang Y, Lu L.** Tumor metabolite lactate promotes tumorigenesis by modulating moesin lactylation and enhancing TGF- β signaling in regulatory T cells. *Cell Rep* 39: 110986, 2022 [Erratum in *Cell Rep* 40: 111122, 2022]. doi:10.1016/j.celrep.2022.110986.
59. **Yang Z, Yan C, Ma J, Peng P, Ren X, Cai S, Shen X, Wu Y, Zhang S, Wang X, Qiu S, Zhou J, Fan J, Huang H, Gao Q.** Lactylome analysis suggests lactylation-dependent mechanisms of metabolic adaptation in hepatocellular carcinoma. *Nat Metab* 5: 61–79, 2023. doi:10.1038/s42255-022-00710-w.
60. **Xin Q, Wang H, Li Q, Liu S, Qu K, Liu C, Zhang J.** Lactylation: a passing fad or the future of posttranslational modification. *Inflammation* 45: 1419–1429, 2022. doi:10.1007/s10753-022-01637-w.
61. **Lin J, Liu G, Chen L, Kwok HF, Lin Y.** Targeting lactate-related cell cycle activities for cancer therapy. *Semin Cancer Biol* 86: 1231–1243, 2022. doi:10.1016/j.semcancer.2022.10.009.
62. **Sun Y, Chen Y, Xu Y, Zhang Y, Lu M, Li M, Zhou L, Peng T.** Genetic encoding of ϵ -N-L-lactyllysine for detecting delactylase activity in living cells. *Chem Commun (Camb)* 58: 8544–8547, 2022. doi:10.1039/d2cc02643k.
63. **Dong H, Zhang J, Zhang H, Han Y, Lu C, Chen C, Tan X, Wang S, Bai X, Zhai G, Tian S, Zhang T, Cheng Z, Li E, Xu L, Zhang K.** YiaC and cobB regulate lysine lactylation in *Escherichia coli*. *Nat Commun* 13: 6628, 2022. doi:10.1038/s41467-022-34399-y.